

SPEAKING PERSONALITY

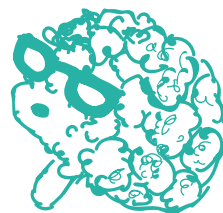
PICK YOUR VEGETABLE



KALE

INFORMATIVE

You have lots of knowledge—so much that getting to the point can be a challenge. All that chewing goes down easier with salad dressing.



CAULIFLOWER

SCHOLARLY

Your braininess impresses, but your audience would like you more if you joined them on their level.



TOMATO

INSPIRING

People leave your talk bursting with ideas and ready to take action.



RADISH

HUMOROUS

You're sharp, colorful, and spicy. Making people laugh is your secret weapon, but all those jokes make it hard to stay on script.



BEET

SHY

You hide underground because your speaking skills are not yet developed. Listening is your secret superpower.

Introduce yourself to the person next to you and share your Speaking Personality and one thing you're passionate about.

GROW AS A SPEAKER

TELL ME ABOUT YOURSELF

ON A SCALE OF 1-10

1) DO YOU LIKE PUBLIC SPEAKING?

worst nightmare 1 2 3 4 5 6 7 8 9 10 the world is my stage

2) WHEN YOU'RE AT MEETINGS, DO YOU:

shrink and hope not to be called on 1 2 3 4 5 6 7 8 9 10 command conversation

3) HOW MUCH DO YOU PREPARE BEFORE A PRESENTATION?

presentation, what presentation? 1 2 3 4 5 6 7 8 9 10 studied all weekend

4) HOW DO YOU FEEL ABOUT YOUR AUDIENCE WHEN SPEAKING?

afraid of them 1 2 3 4 5 6 7 8 9 10 feed off them

5) HOW MUCH DO YOU USE GESTURES WHEN SPEAKING?

still as a statue 1 2 3 4 5 6 7 8 9 10 jazz hands are my specialty

6) HOW DO YOUR LISTENING SKILLS MEASURE UP?

I ♥ the sound of my own voice 1 2 3 4 5 6 7 8 9 10 my ears are my best feature

7) HOW COMFORTABLE ARE YOU USING HUMOR WHEN SPEAKING?

all business, all the time 1 2 3 4 5 6 7 8 9 10 moonlight as a stand-up comedian

8) HOW MUCH TIME DO YOU SPEND DEVELOPING CONTENT FOR PRESENTATIONS?

draft 35 and counting 1 2 3 4 5 6 7 8 9 10 improv everything, all the time

CIRCLE ALL THAT APPLY

9) WHAT DO YOU FEAR MOST ABOUT PUBLIC SPEAKING?

- a) sounding stupid
- b) forgetting what you're going to say
- c) making a mistake
- d) other _____

10) WHERE HAS YOUR FEAR OF SPEAKING HELD YOU BACK?

- a) promotion
- b) new job
- c) networking
- d) nothing holds me back

